



## 12 WAYS TO HELP END ABORTION WITH COMPASSION

1

### **Pray for Those Hurt by Abortion**

Millions of women quietly suffer serious aftereffects, often with feelings of regret, agony and shame. Their unacknowledged grief can even lead to suicide. Start a prayer chain and encourage women and families hurt by abortion to request prayers or assistance. (Use the enclosed list of counseling centers for referrals if needed.) Promote this outreach in church bulletins and other publications.

2

### **Communicate Pro-Woman/Pro-Life Compassion**

Help babies by helping their mothers. Encourage healing and conversion by showing a sensitivity to the millions of mothers wounded and grieving over their misguided decision to abort. Extend Christ's mercy and compassion to those who struggle with past abortions. Use *Pro-Woman/Pro-Life* messages on bumper stickers, billboards, Life Chains, etc. For example, *Abortion Hurts Women*, or other ideas listed in this kit.

3

### **Distribute the "Hope and Healing" Newspaper Insert**

Order copies of this outstanding educational insert (sample enclosed) to raise awareness of abortion risks and post-abortion healing. Distribute it to colleges, churches, fairs, newspapers, etc., and through your church, crisis pregnancy center, or other ministry. At the very least, keep a small supply in the literature rack at your church. It has touched and changed many lives. With your help, it will touch more.

4

### **Encourage Clergy Members to Foster Post-Abortion Healing**

Urge your pastor and other religious leaders to speak out about the harm that abortion does to women, men, and families. Consider giving them *The Jericho Plan*, a book that outlines a compassionate, unifying way to preach about abortion.

5

### **Donate Books to Libraries and Other Outlets**

Make sure *Forbidden Grief*, *Detrimental Effects of Abortion*, *Victims and Victors*, and similar books and materials on post-abortion trauma and healing are available at your local high school, college, church, medical, and public libraries. (See the enclosed book flyer for ideas about other publications you could donate.)

**This is one of the simplest and most effective things your pro-life group can do.**

6

### **Organize a "Letters to the Editor" Campaign**

This is a highly effective way to educate the public and influence legislators about the effects of abortion. Modify the sample letters in this packet to address various issues that arise in your community. You can also invite 3-5 articulate members of your pro-life community to organize a "Letters to the Editor Team" to keep an eye on current events and formulate responses. (Just make sure different people send in letters at different times, so that the editor sees different names on the letters.)

**7 Replace “Pro-Choice” with “Poor Choice”**

Help expose the hidden pain behind the “choice” rhetoric. Substitute “poor choice” for “pro-choice” whenever possible, in spoken and written communications. Use this phrase often, along with sound bites that remind people *why* abortion is a poor choice. It’s bad for babies *and* women.

*Abortion. What a Poor Choice*

*Pro-Choice = Poor Choice*

*Abortion Is a Poor Choice and Women Deserve Better*

**8 Urge Legislators to Advocate for Authentic Women’s Rights**

Ask them to protect women’s rights by requiring full disclosure, proper screening, and full liability for abortionists who kill or injure women. Give them copies of *Making Abortion Rare: A Healing Strategy for a Divided Nation*, which provides a pro-woman/pro-life political strategy and sound bites. Model legislation consistent with this strategy is posted on our web site at [www.afterabortion.org/leg](http://www.afterabortion.org/leg).

**9 Stay Informed About New Research and Information**

Subscribe to both the *Post-Abortion Review* — our printed quarterly publication which focuses on the impact of abortion on women, men, and children — and our free email newsletter, the *Elliot Institute News*. To subscribe, go to [www.afterabortion.org](http://www.afterabortion.org). This site also offers a wealth of news, information, research summaries and downloadable resources.

**10 Plan a Memorial for Parents Who Have Lost Unborn Children**

Hold a service for parents who have lost children through abortion, miscarriage, or stillbirth. Include prayers for grandparents and siblings of children who died before birth.

**11 Help Nurture and Develop Post-Abortion Ministries**

Consider serving on the board of directors or partnering with post-abortion ministries on fundraising and other projects. Offer to include their information in your newsletters or find other ways to include them in the pro-life movement. National ministries such as Rachel’s Vineyard ([www.rachelsvineyard.org](http://www.rachelsvineyard.org)), Ramah International ([www.ramahinternational.org](http://www.ramahinternational.org)), and the National Office of Post-Abortion Reconciliation and Healing ([www.home.wi.rr.com/noparh](http://www.home.wi.rr.com/noparh)) can provide information about affiliates in your area that could use your support and encouragement.

**12 Support Post-Abortion Research, Education, and Advocacy**

The Elliot Institute’s work is funded solely by the support of people like you. We have a small mailing list, so your donation makes a big difference. Please consider becoming a Sustaining Partner in our ministry by making a pledge for monthly, quarterly, or semi-annual donations. Mail to: Elliot Institute, P.O. Box 7348, Springfield, IL 62791.